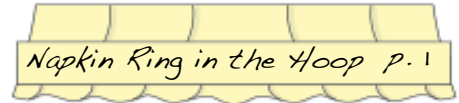# Sealed With A Stitch®

Napkin Ring in the Hoop

Read all instructions before beginning this project!

Materials

- (2) 4" x 4" **Top** ~ Cotton fabric *(spray starch and press)*
- (2) 4" x 4" **Bottom** ~ Cotton fabric *(spray starch and press)*
- (4) 4" x 4" **Cut-away** stabilizer - *medium to heavy weight*
- (1) 8" x 8" piece of **Tear-away** stabilizer - *medium to heavy* weight

  NOTE: Avoid Tear-away that leaves extra fibers!
  i.e. Bosal Medium weight Tear Away

The basic napkin ring was used in photos as the example. All the napkin rings have the same basic steps. For more details, see pages 7-9 for photos and steps of each napkin ring.

Tools

- Ruler, rotary cutter, cutting mat
- Hoop with 4" x 4" sewing area
- Appliqué scissors
- Embroidery snips
- Embroidery needle size 14
- Spray adhesive
- Iron
- Spray starch
- Embroidery thread, bobbin thread and **two empty bobbins**
- Seam sealant

KEY:
RS = Right Side
WS = Wrong Side

***Bonus Appliqué instructions on page 10**

Step 1: Wind Bobbins

a) Wind one bobbin with thread to match the outer satin stitching for the **Top** (example is grey). Wind the second bobbin to match the outer satin stitching for the **Bottom** (example is pink thread).

b) At this time, thread top and bobbin with thread for the **Bottom** outer satin stitching (example is pink thread).
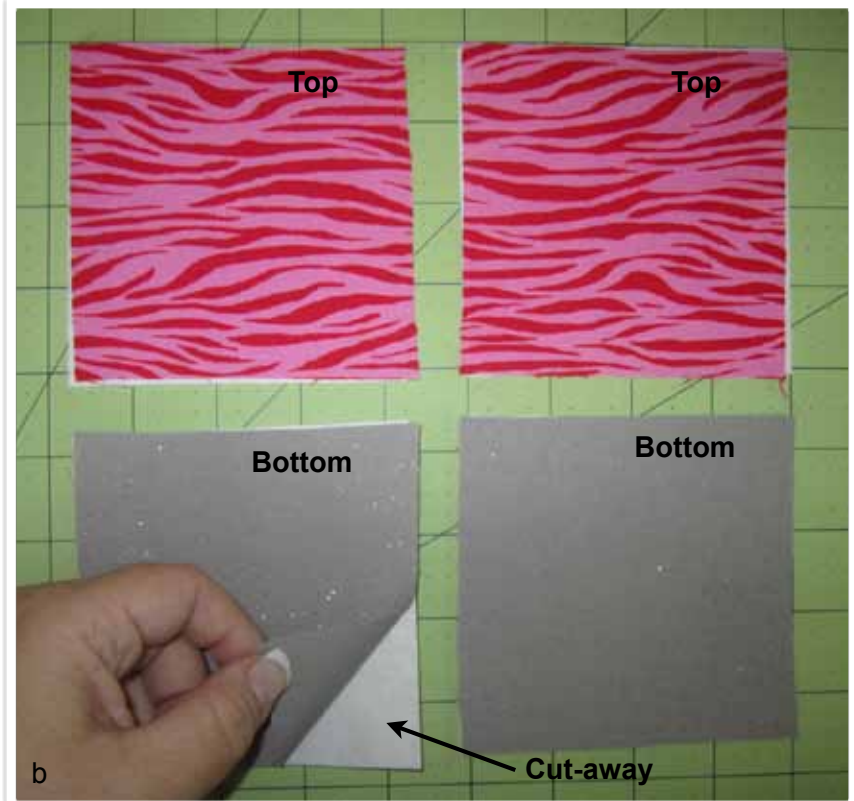
Grey Thread
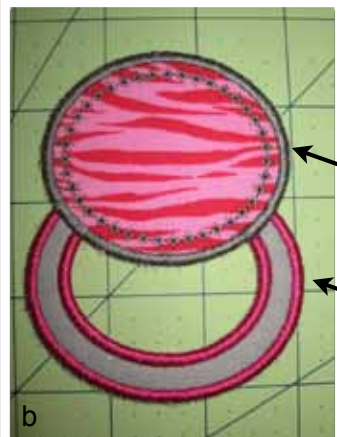
Pink Thread

Step 2: Prepare Fabric

a) Spray starch and press all cotton fabrics (not shown).

b) Lightly spray one side of each **Cut-away** piece with spray adhesive. Place both **Top** and **Bottom** pieces **RS** facing up, centered on top of the **Cut-away**.
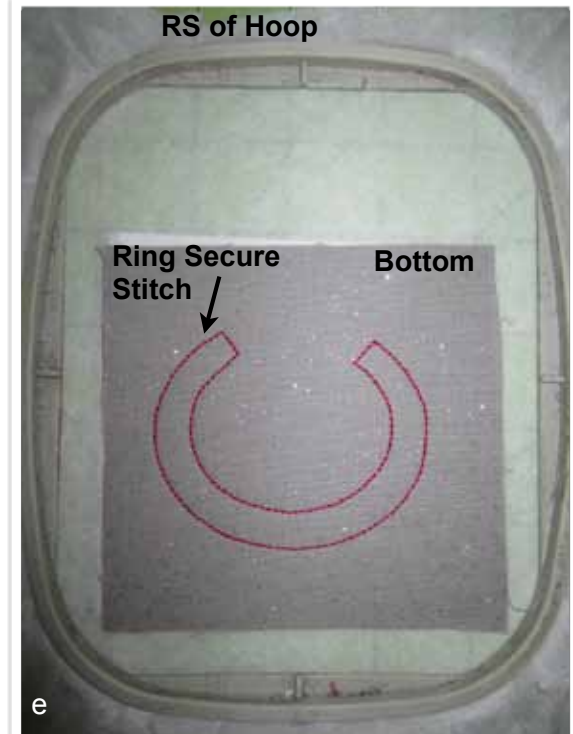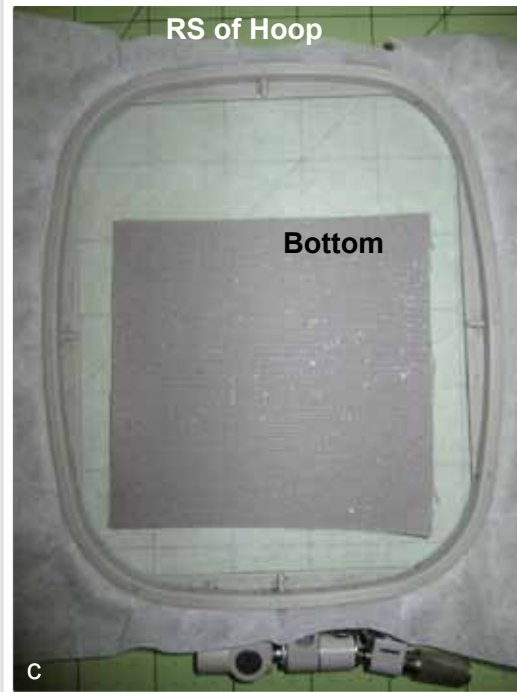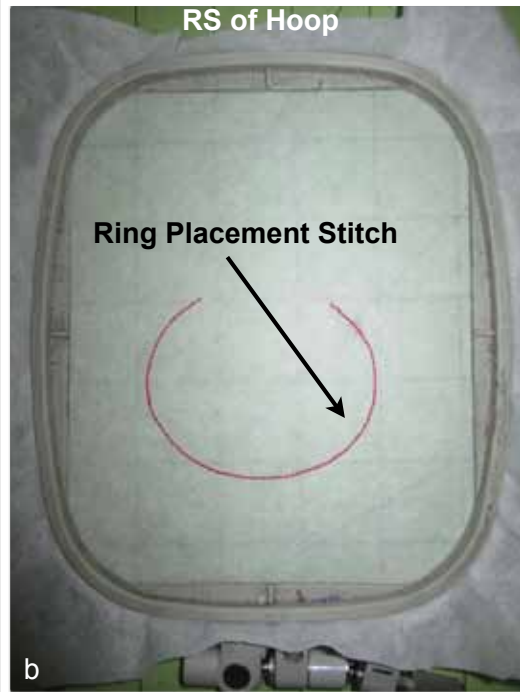
Top

Top

Bottom

Bottom

Cut-away

Step 3: Bottom

NOTE: All Napkin Rings will have the same first five stitch sequences. In these instructions we will refer to them as:

*Ring Placement Stitch
*Ring Secure Stitch
*Ring Satin Stitch
*Top Placement Stitch
*Top Secure Stitch

a) Hoop **Tear-away** stabilizer (not shown).
b) Insert hoop into machine. Stitch **first** stitch sequence, which will be the **Ring Placement Stitch** and where to place the **Bottom** fabric.
c) Lightly spray the **WS** of one piece of the **Bottom**. Place over the placement stitch on the front of the hoop.
d) Lightly spray the **WS** of other piece of the **Bottom**. Place over the position stitch on the back side of the hoop.
e) Insert hoop into machine. Stitch the **second** stitch sequence, which will be the **Ring Secure Stitch**.

RS of Hoop

Ring Placement Stitch

b

RS of Hoop

Bottom

c

WS of Hoop

Bottom

d

RS of Hoop

Ring Secure Stitch

Bottom

e

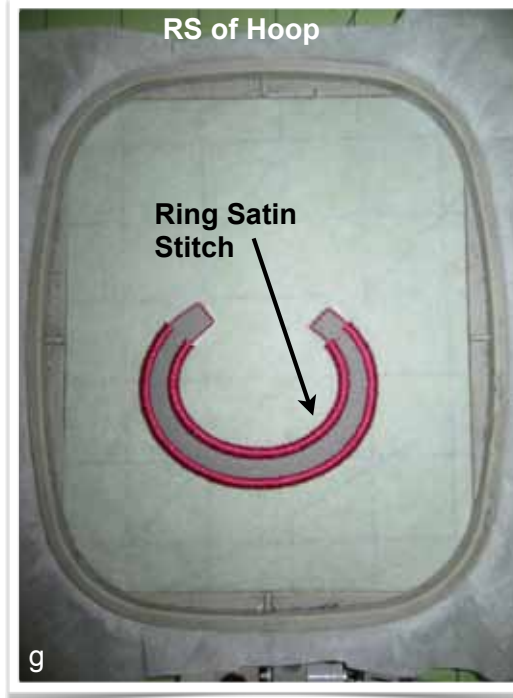Napkin Ring in the Hoop p. 2

T20_13 (Basic) - Design Accent colors in **BOLD**
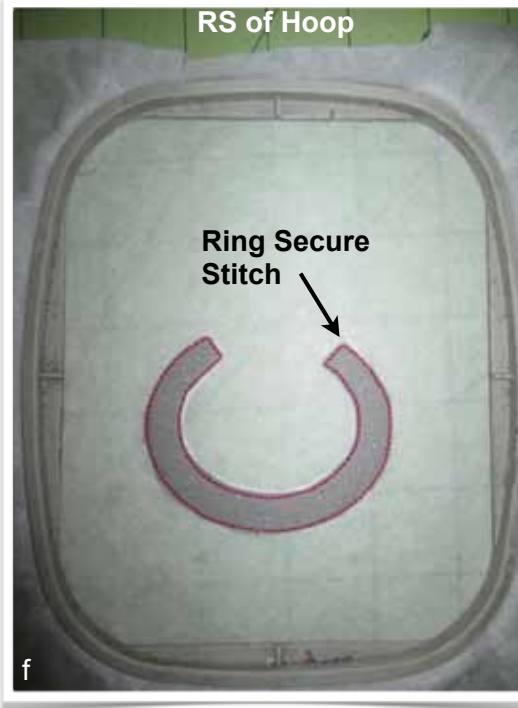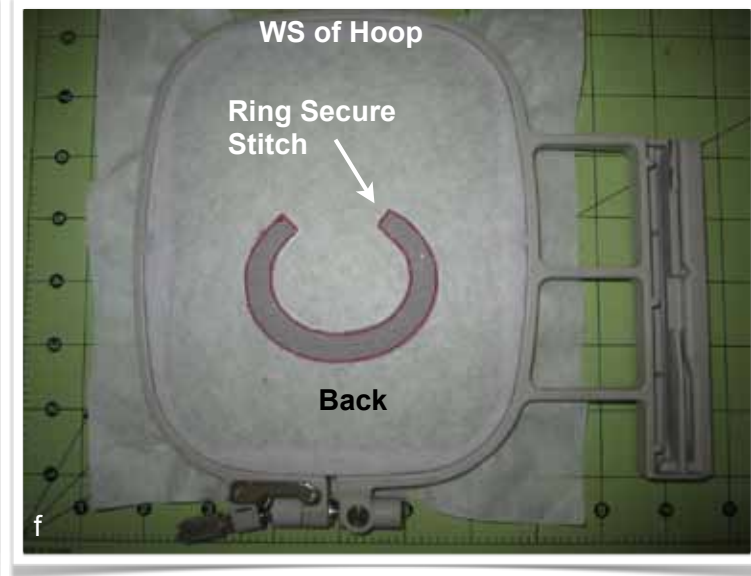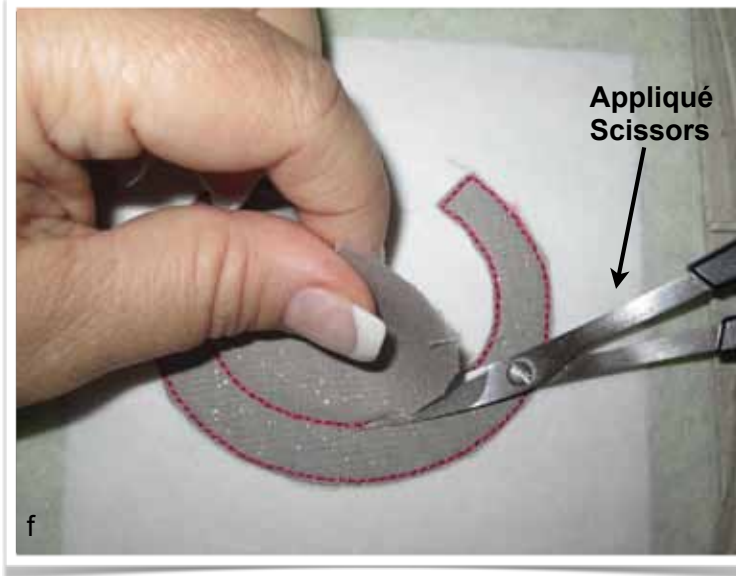
1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Decorative stitch
7 - Top Back Secure Stitch
8 - Top Satin Stitch

Step 3: Bottom (Continued)

f) Remove hoop from machine and place on a flat surface. ***Do not remove the materials from inside the hoop.*** Use appliqué scissors to cut away extra **Bottom** on front and back of hoop. Cut as close to the stitching line as possible without cutting the secure stitch.

g) Insert hoop into machine. Stitch the **third** stitch sequence, which will be the **Ring Satin Stitch**.

Appliqué Scissors

f

WS of Hoop

Ring Secure Stitch

Back

f

Zoomed in Picture

Ring Secure Stitch

f

RS of Hoop

Ring Secure Stitch

f

RS of Hoop

Ring Satin Stitch

g

Zoomed in Picture

g
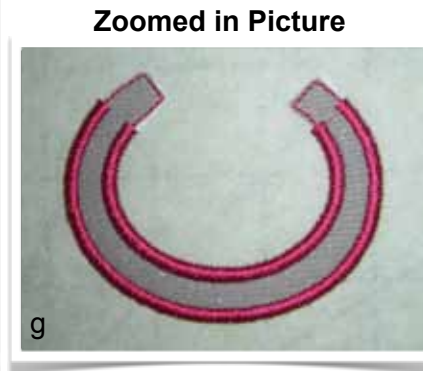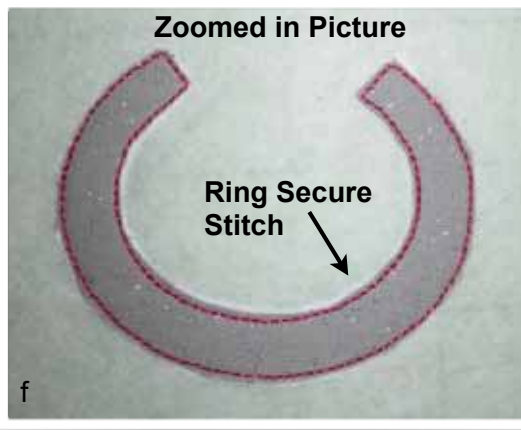
Step 4: Front of Top

a) Insert bobbin weight thread (usually 60 wt white thread). Top embroidery thread should be same as for outer satin stitching (example is grey thread) (not shown).

b) Insert hoop into machine and stitch the **fourth** stitch sequence. This will be for the **Top Placement Stitch**.

c) Lightly spray the **WS** of one piece of the **Top**. Place over the front of the hoop over the top placement stitch.

d) Stitch the **fifth** stitch sequence which will be the **Top Secure Stitch**.

e) Stitch the **Design Accents**. **NOTE**: Some Napkin Rings will have multiple thread colors for this step. Follow the color breakdowns or see **pages 7-9** for more details on the **Design Accents**. Be sure to clip all little jump threads as **Design Accent** colors progress. The basic napkin ring has only one design accent color. **NOTE:** You can also add your own design or monogram at this time by editing the design.

RS of Hoop

Top Placement Stitch

b

RS of Hoop

Top

c

RS of Hoop

Top

Top Secure Stitch

d

RS of Hoop

Top

Design Accent Stitch

e
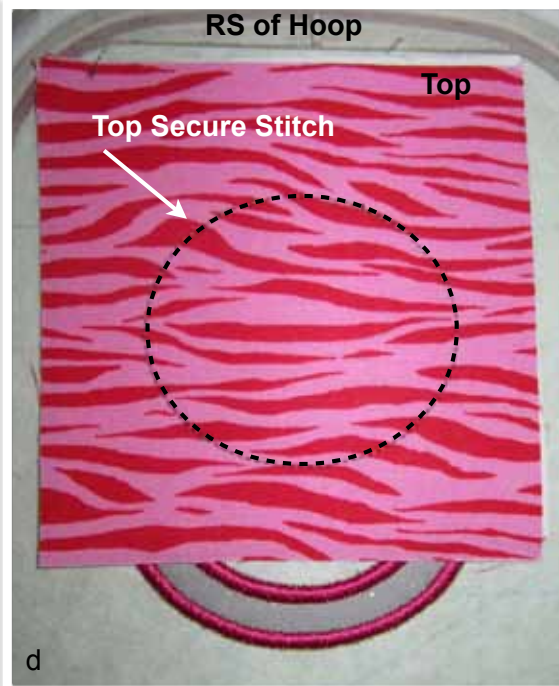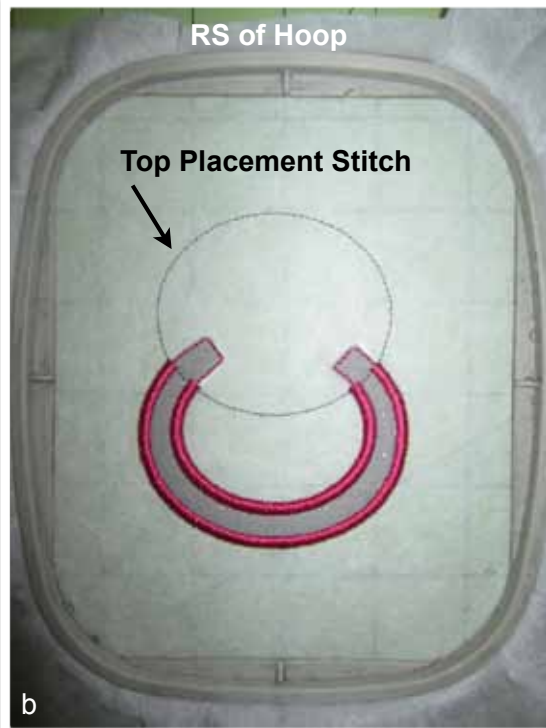
Step 5: Back of Top

NOTE: All Napkin Rings will have the same last two stitch sequences. In these instructions we will refer to them as:

*Top Back Secure Stitch
*Top Satin Stitch

*Lower speed to *avoid thread breakage for final satin stitching around Top.*
*Raise presser foot height *when stitching over the final satin stitching. Check your manual or ask your local dealer to see if your machine has this feature.*
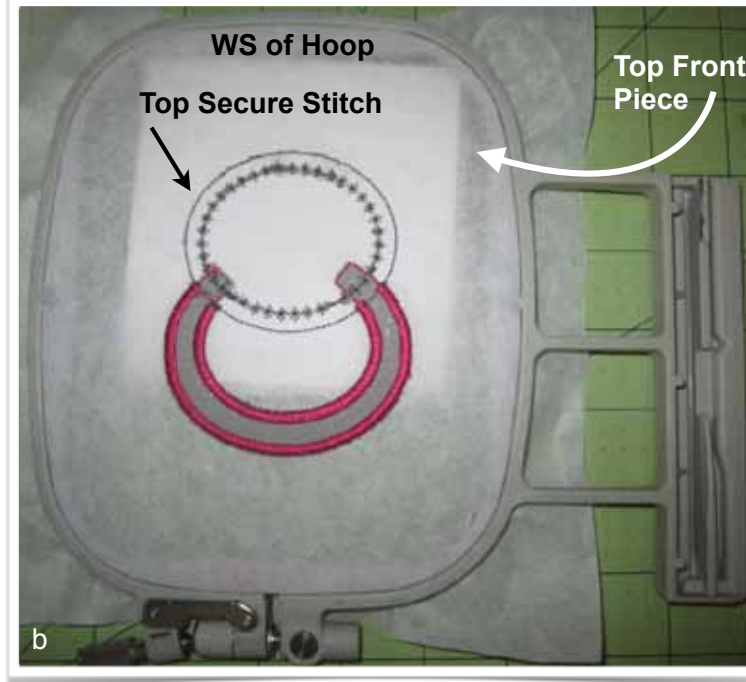
a) At this time, use matching top and bobbin with thread for the **Top** outer satin stitching (example is grey thread) (not shown).
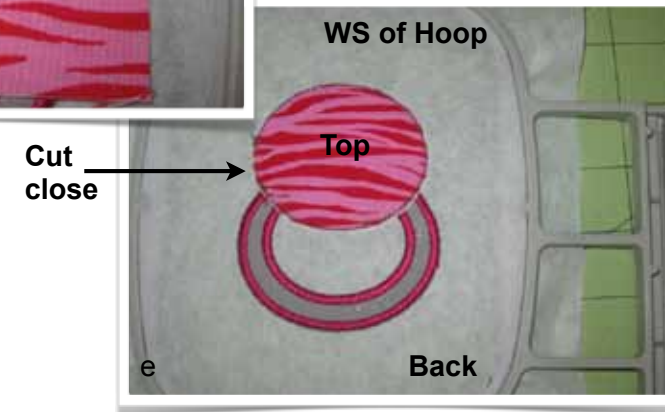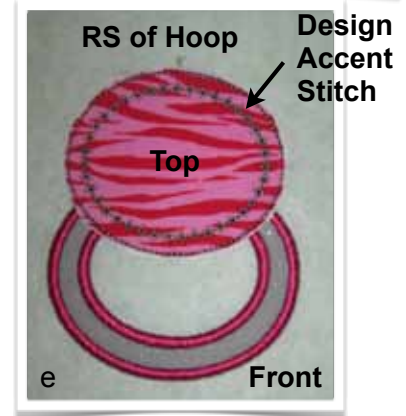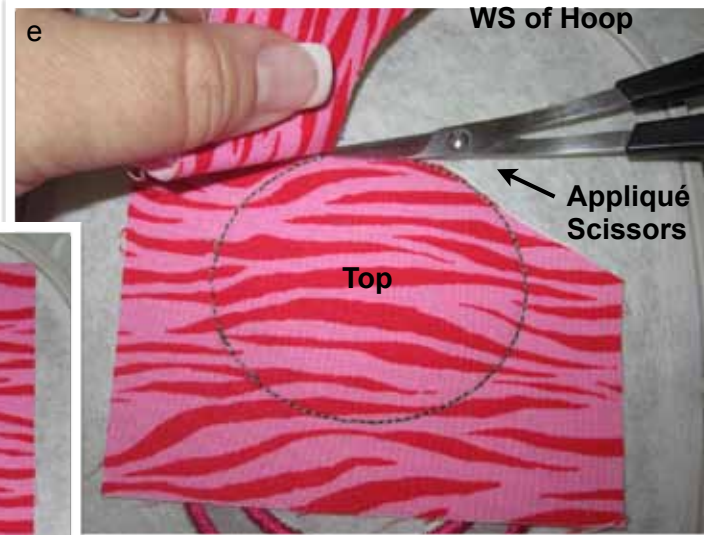
b) Turn hoop with the **WS** facing up.

c) Spray **WS** of the second piece of **Top**. Place over the Top Secure Stitch and align with the **Top** front piece.

d) Insert hoop into machine. Stitch the second to last stitch sequence, which will be the Top Back Secure Stitch.

e) Remove hoop from machine and place on a flat surface. *Do not remove the materials from the hoop.* Use appliqué scissors to cut away extra **Top** on front and back of hoop. Cut as close to the stitching line as possible without cutting the secure stitch.

WS of Hoop
Top Secure Stitch
Top Front Piece
b

WS of Hoop
Top
c

WS of Hoop
Top
Top Back Secure Stitch
d

WS of Hoop
Appliqué Scissors
Top
e

RS of Hoop
Design Accent Stitch
Top
Front
e

WS of Hoop
**Cut close**
Top
Back
e

Step 6: Finish Napkin Ring

a) Insert hoop into machine. Stitch the **last** stitch sequence, which will be the **Top Satin Stitch**.

b) Notice that the satin stitching has perforated the tear-away stabilizer. Hold the hoop and pull the napkin ring toward you in order to release it from the stabilizer.

c) To help get rid of any extra pokey threads or stubborn stabilizer around the outside of the napkin ring, try this - dab some seam sealant on your finger tip and run your finger around all the edges of the **Ring** and **Top** of the outside edge of the satin stitch.
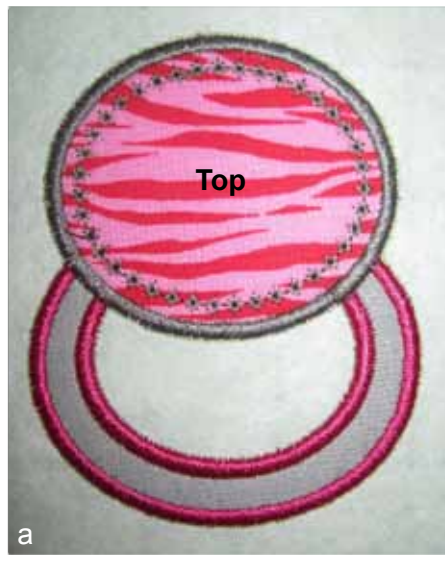
Top

a

Perforated edge

Top

b

c

c

c

T20_01 (Star) - Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Swirls inside star
7 - Top Back Secure Stitch
8 - Top Satin Stitch

T20_02 (Mustache) - NO Design Accent

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Top Back Secure Stitch
7 - Top Satin Stitch

T20_03 (Lips) - Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Center lip line
7 - Top Back Secure Stitch
8 - Top Satin Stitch

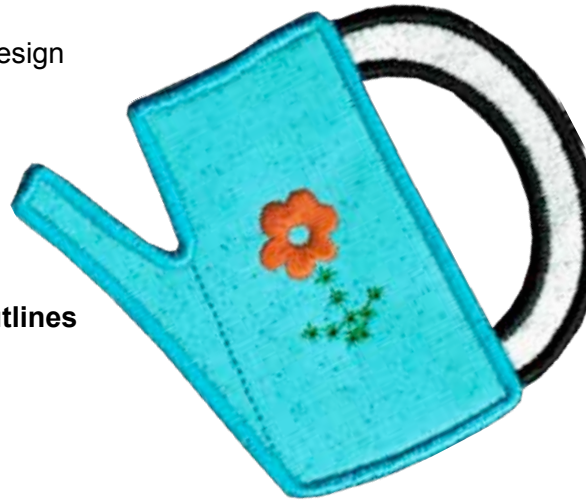**T20_04 (Clover) -** Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Heart clover accents
7 - Top Back Secure Stitch
8 - Top Satin Stitch

T20_05 (Chocolate Bunny) - Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Ears, eyes, nose, mouth outlines
7 - Top Back Secure Stitch
8 - Top Satin Stitch

T20_06 (Watering Can) - Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Shadow line on spout
7 - Flower stem and leaves
8 - Flower
9 - Top Back Secure Stitch
10 - Top Satin Stitch

T20_07 (Watermelon) - Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Watermelon rind (Green)
7 - Watermelon rind (White)
8 - Seeds
9 - Top Back Secure Stitch
10 - Top Satin Stitch

T20_08 (Cupcake) - Design Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Frosting and paper lines
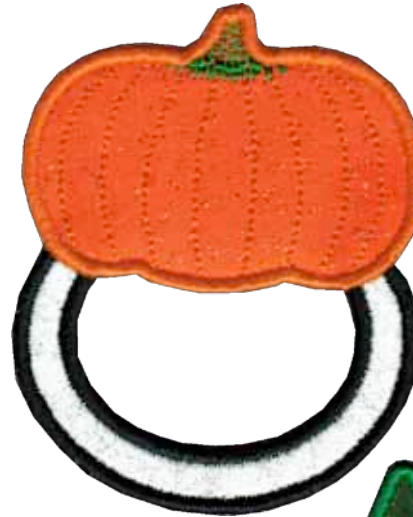7 - Top Back Secure Stitch
8 - Top Satin Stitch

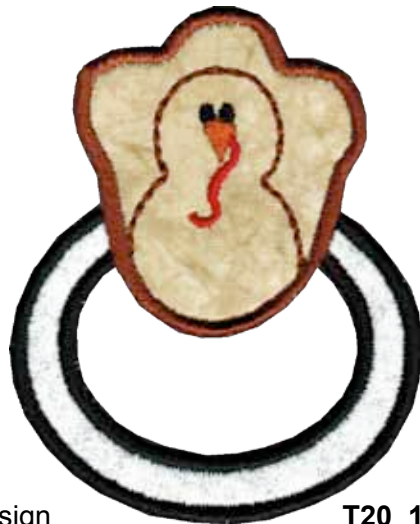See below for Napkin Ring **Design Accent** colors in **BOLD**

T20_09 (Witch Hat) - Design
Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Hat band
7 - Top Back Secure Stitch
8 - Top Satin Stitch

T20_10 (Pumpkin) - Design
Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Pumpkin lines
7 - Stem
8 - Top Back Secure Stitch
9 - Top Satin Stitch

T20_11 (Turkey) - Design
Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Turkey body outline
7 - Eyes
8 - Beak
9 - Wattle
10 - Top Back Secure Stitch
11 - Top Satin Stitch

T20_12 (Christmas Tree) - Design
Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Swirl in tree and holly
7 - Top Back Secure Stitch
8 - Top Satin Stitch

T20_13 (Basic) - Design
Accent colors in **BOLD**

1 - Ring Placement Stitch
2 - Ring Secure Stitch
3 - Ring Satin Stitch
4 - Top Placement Stitch
5 - Top Secure Stitch
6 - Decorative stitch
7 - Top Back Secure Stitch
8 - Top Satin Stitch

BONUS matching **Appliqué designs** to coordinate with the **Napkin Rings**

Materials

- (1) 4" x 4" **Appliqué material ~ Cotton fabric** *(spray starch and press)*
- Cloth napkin *(spray starch and press)*
- (1) 4" x 4" **Fusible web** i.e. Bosal Splendid Web or Steam-A-Seam 2®
- (1) 8" x 8" piece of **Wash-away mesh** style stabilizer -
  i.e. Bosal Wash-Away Plus

The basic appliqué design was used in photos as the example. All the appliqué designs have the same basic steps. For more details, see pages 14-15 for photos and steps of each appliqué design.

Tools

- Hoop with 4" x 4" sewing area
- Appliqué scissors
- Embroidery snips
- Embroidery needle size 11
- Spray adhesive
- Iron
- Mini iron (recommended) i.e. Clover mini iron
- Spray starch
- Marking pen
- Towel (for drying napkin)

KEY:
RS = Right Side
WS = Wrong Side

Step 1: Prepare Materials

a) Spray starch and press **Appliqué** material (not shown).
b) Spray starch and press the **Cloth napkin**.
c) Iron on a piece of fusible web on the **WS** of the **Appliqué** material, follow the manufacturers instructions.
d) Peel off paper from fusible web.

NOTE: These designs were digitized using Sue's techniques along with specific stabilizers and materials for Napkins. Not all appliqués will be digitized with these exact steps.

Napkin
b

Fusible Web Paper side up
WS of Appliqué material
c

WS of Appliqué material
Peel off Paper of Fusible Web
d
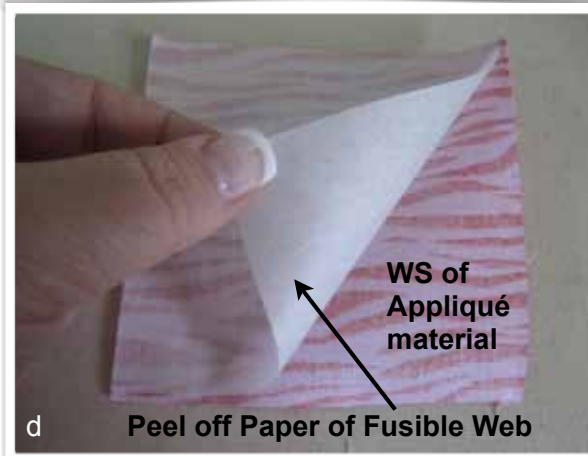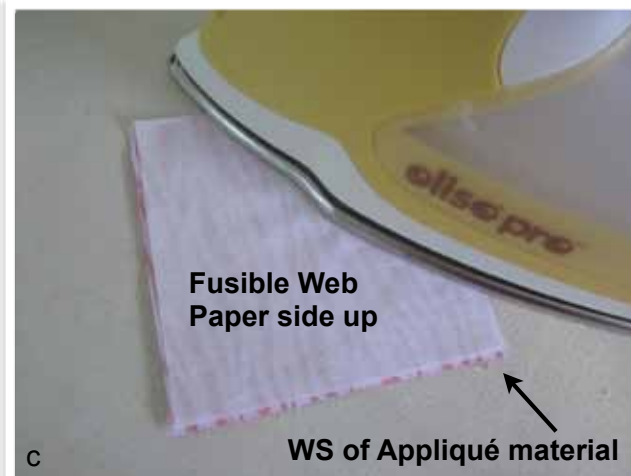
Step 2: Secure Napkin

NOTE: All Appliqué designs will have the same first three stitch sequences. In these instructions we will refer to them as:

*Appliqué Placement Stitch
*Napkin Secure Stitch
*Appliqué Secure Stitch

a) Hoop **Wash-away mesh** style stabilizer.
b) Insert hoop into machine. Stitch **first** stitch sequence, which will be the **Appliqué Placement Stitch** and where to place the **Napkin**.
c) With a marking pen, mark the center of the design on the **Napkin** (not shown). Lightly spray the **Wash-away** stabilizer with spray adhesive. Place the "mark" over the center of the **Appliqué Placement Stitch** and press the **Napkin** down in place.
d) Insert hoop into machine. Stitch the **second** stitch sequence, which will be the **Napkin Secure Stitch**.

RS of Hoop

a

RS of Hoop

Appliqué Placement Stitch

b

Napkin

Appliqué Placement Stitch

c

Napkin

Center Mark

c

Napkin Secure Stitch

d
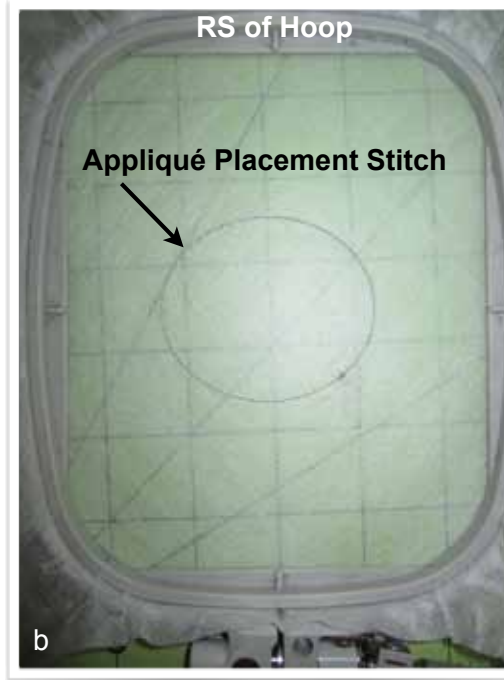
Step 3: Appliqué Material

a) Place the **Appliqué** material **RS** up over the **Napkin Secure Stitch** and finger press the fusible web down to hold in place (not shown).

b) Insert hoop into machine. Stitch the **third** stitch sequence, which will be the **Appliqué Secure Stitch**.

c) Remove hoop from machine and place on a flat surface. ***Do not remove the materials from the hoop.*** Use appliqué scissors to cut away extra **Appliqué** material. Cut as close to the stitching line as possible without cutting the secure stitch.

d) Press the **Appliqué** material with the mini iron. This will set the fusible material.

e) Stitch the **Design Accents**. **NOTE**: Some **Appliqué designs** will have multiple thread colors for this step. Follow the color breakdowns or see **pages 14-15** for more details on the **Design Accents**. Be sure to clip all the little jump threads as the **Design Accent** colors progress. The basic Appliqué has only one design accent color. **NOTE:** You can also add your own design or monogram at this time by editing the design.

f) Stitch the **last** stitch sequence, which will be the **Outer Satin Stitch**.

Appliqué Secure Stitch

Appliqué scissors

b

c

Mini Iron

Design Accent

Outer Satin Stitch

d

e

f
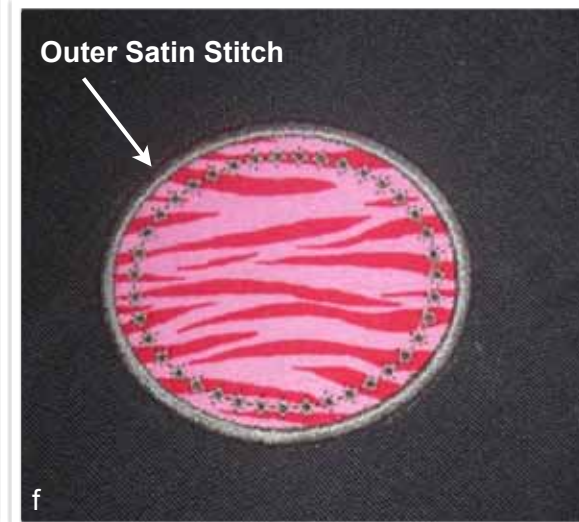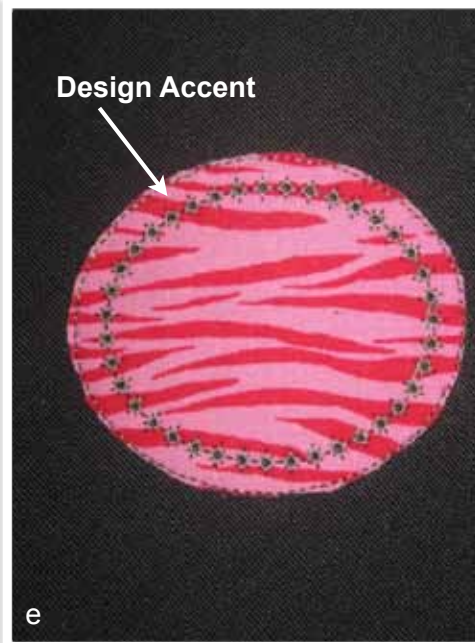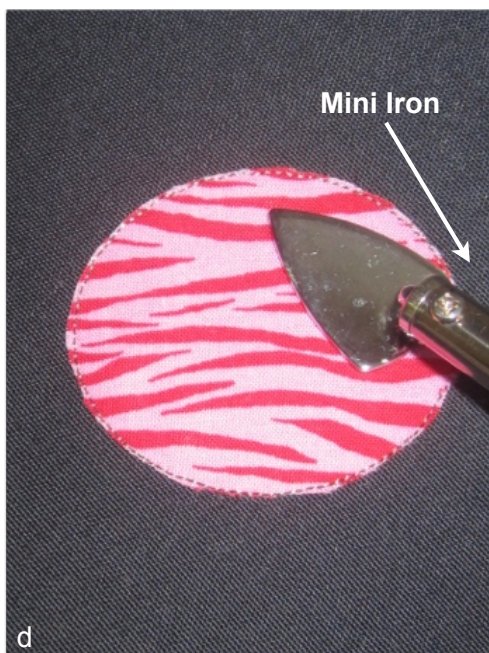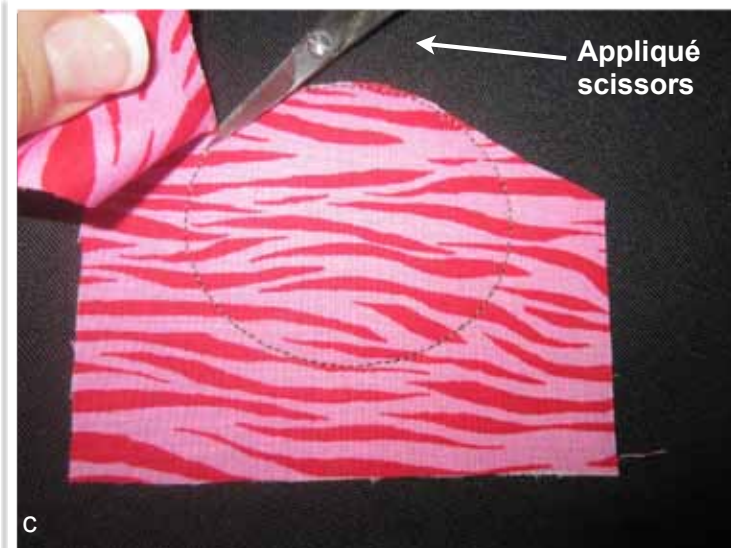
Step 4: Finish Napkin

a) Remove hoop from machine. With appliqué scissors, cut wash-away stabilizer close to the satin stitching.

b) Follow manufactures instructions to remove wash-away stabilizer.

NOTE: Do not distort the embroidery stitches. I use warm water and gently massage the back of the stabilizer.

c) Let dry on towel for a little while (not shown). Press flat once all the stabilizer is removed. The results are a very professional clean finish on the front and back of the napkin.

d) Fold and slip napkin ring into the appliquéd napkin ring and set the table for dinner.

Wash-away

Appliqué scissors

a

WS of Napkin

a

WS of Napkin

b

WS of Napkin

c

c
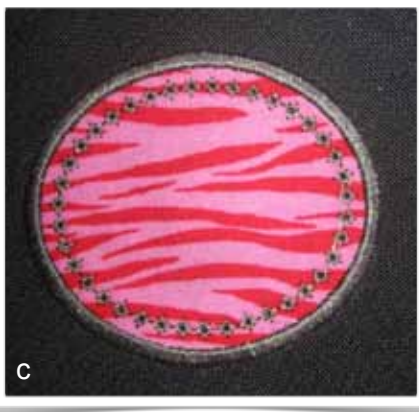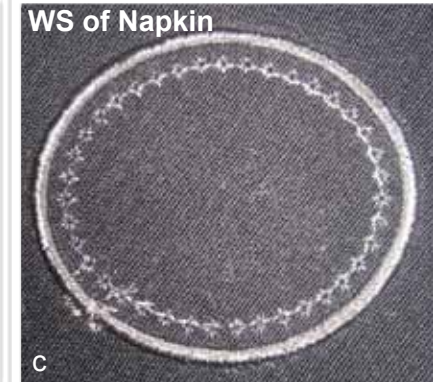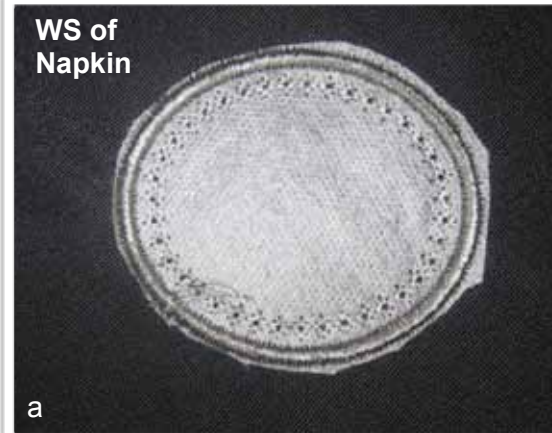
d

T20_01_Appliqué (Star) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Swirls inside star
5 - Outer Satin Stitch

T20_02_ Appliqué (Mustache) - NO Design Accent

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Outer Satin Stitch

T20_03_ Appliqué (Lips) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Center lip line
5 - Outer Satin Stitch

T20_04_ Appliqué (Clover) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Heart clover accents
5 - Outer Satin Stitch

T20_05_ Appliqué (Chocolate Bunny) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Ears, eyes, nose, mouth outlines
5 - Outer Satin Stitch

T20_06_Appliqué (Watering Can) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Shadow line on spout
5 - Flower stem and leaves
6 - Flower
7 - Outer Satin Stitch

T20_07_Appliqué (Watermelon) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Watermelon rind (Green)
5 - Watermelon rind (White)
6 - Seeds
7 - Outer Satin Stitch

T20_08_Appliqué (Cupcake) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Frosting and paper lines
5 - Outer Satin Stitch

T20_09_Appliqué (Witch Hat) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Hat band
5 - Outer Satin Stitch

T20_10_Appliqué (Pumpkin) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Pumpkin lines
5 - Stem
6 - Outer Satin Stitch

T20_11_Appliqué (Turkey) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Turkey body outline
5 - Eyes
6 - Beak
7 - Wattle
8 - Outer Satin Stitch

T20_12_Appliqué (Christmas Tree) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Swirl in tree and holly
5 - Outer Satin Stitch

T20_13_Appliqué (Basic) - Design Accent colors in **BOLD**

1 - Appliqué Placement Stitch
2 - Napkin Secure Stitch
3 - Appliqué Secure Stitch
4 - Decorative stitch
5 - Outer Satin Stitch

Check us out at: www.sealedwithastitch.com